



ACTIVITIES PROGRAMME

Student copy

Host Family coordinator -

Mrs. Jo Cowin 07795 023506

Group name - Normington

Dates – 7th to 28th July 2019

Lessons are held at Southport College, Pennington Building, Mornington Rd. Mon- Fri at 9am until 12.30 with a break between 11.00 and 11.30. Toilets are on the second floor for boys and third floor for girls. Please do not take toilet breaks during the lessons.

Remember your travel pass every day- you may need it in the afternoons!

Half day excursions depart at 1pm, Full day excursions at 9am. (see below for any variations)

Coaches depart from Mornington Rd and return there for 6pm (see below for any variations) Remember to fasten your seat belt and stay seated when the coach is moving. Train excursions will leave from Southport station.

Please remember your packed lunch every day, including Saturdays and departure day. Lunches can be eaten in the refectory in the main college building, but only in areas for students, and yellow LANYARDS must be worn for access to this area. Please respect this area and tidy up afterwards.

7th July	Sunday	Arrival of your group.
8th July	Monday	Meet your group outside the Pennington Building Entrance. At 9.00 teachers will meet your group and take you to the Welcome Meeting. You will then take a written English test to determine which class level will be best for you followed by a half hour break. Introduction and safety lessons followed by lunch break. After lunch in the refectory (remember to wear your lanyard at all times) your group will have Orientation of Southport. Meet outside the college at 1.30 and afternoon supervisors will meet with your group and take you around the town centre and point out places of importance. Your Host family will meet you back at the college, Pennington Building for 4.30pm
9th July	Tuesday	English lessons followed by International Sports competition- country versus country, group versus group, strength versus strength. From the egg and spoon race to the three legged race - who will be the champions? 1.30 - 4pm Evening Disco in the Balmoral Suite, Royal Clifton Hotel, Promenade (8-10) Theme - Black & White
10th July	Wednesday	English lessons followed by the Lord Street Photo Trail in Southport. Meet supervisors at the Monument at 1.30, and see who can get all the answers to the quiz sheet correct and win a prize! Who will you want in your team of 3 of 4?

11 th July	Thursday	<p>English lessons followed by practise for the Talent Show on Wednesday 17th July in your own way or with Karaoke, or practice a National dance or song. As an alternative join in with art and crafts,</p> <p>Or</p> <p>join in with Indoor sports - Basketball & Badminton, or outdoor football game. Meet outside Dunes at 1.45pm – wait quietly until the Supervisor takes you inside. Remember to wear correct sports clothes and trainers – no jeans allowed.</p> <p>Evening Disco in the Balmoral Suite, Royal Clifton Hotel, Promenade (8-10)</p>
12 th July	Friday	<p>Full day excursion to Blackpool Pleasurebeach. Depart by coach at 9.00am. Supervisors will take you to the fun-fair in Blackpool where you will have all day to go on the rides with our wristbands. From white-knuckle water rides to The Big One – one of Europe’s tallest rollercoasters! Meet at the coach for 5.30. Return to Pennington building for 7pm</p> <p>Students are not recommended to return into town centre this evening as there is an annual event in the town centre.</p>
13 th July	Saturday	<p>Full day excursion to Chester. You will travel to Chester by train with your Supervisor. (approx 1 hour 45 minutes) On arrival you will walk into the City centre viewing the ancient ruins and beautiful old buildings. You will play the Mobile Phone Quiz and then have free time for shopping or a walk on the walls. Remember to be at the meeting point at the right time. Arrive in Southport at approximately 6pm</p>
14 th July	Sunday	<p>Day with Host Family- check with your family for the plan for the day.</p>
15 th July	Monday	<p>English lessons followed by trampolining – wear long trousers and long sleeves</p>
16 th July	Tuesday	<p>English lessons followed by an afternoon excursion to Liverpool by train. Meet at the station at 1pm. You will explore the Beatles Cavern and Matthew Street and either enjoy a ferry ride across the River Mersey and take amazing photos of the Liverpool skyline and beautiful buildings or visit the Liverpool museum and Albert Dock. There will be some free time for shopping before meeting to travel back on the 16.53 or 17.08 train to Southport. (Arrive 17.38 or 17.55)</p> <p>Evening activity - Evening Disco in the Balmoral Suite, Royal Clifton Hotel. The theme is RED. 8 – 10pm</p>
17 th July	Wednesday	<p>English lessons followed by International Talent Show in the Atkinson Theatre, Lord Street. 1.30 - 2pm participants. 2 - 4pm audience.</p>
18 th July	Thursday	<p>English lessons followed by train into Liverpool to visit the Beatles</p>

		<p>Story for 14.20 guided tour with headset. Return for 6pm</p> <p>Evening Disco in the Balmoral Suite, Royal Clifton Hotel, Promenade (8-10) Theme - Masks</p>
19th July	Friday	<p>English lessons followed by Bowling. (Don't forget your socks!) Meet supervisors at the Monument at 1.30. You will walk (quickly) to the bowling alley where you will hand over your shoes for a pair of bowling shoes. Each lane can take 6 persons, so decide who you want to play with and your game will start at 2pm and finish at 3pm.</p>
20th July	Saturday	<p>Full day excursion to Alton Towers (8am – 8pm) The largest fun park in the country! A long day, but all students agree it is the best day of the course! Remember to ask your family for 2 packed meals</p>
21st July	Sunday	<p>Day with Host Family- check with your family for the plan for the day.</p>
22nd July	Monday	<p>English lessons followed by visit to Splashworld. Remember your swimming costume and towel! Meet supervisors at the Monument at 1.15. You will walk to Splashworld to experience the new indoor water park with the Speed Freak ride or the Lazy River Tyre ride! You have to be there for 2pm prompt or we will miss our booking. Or if you prefer not to swim- just tell your leader and attend another activity</p> <p>Evening activity – Vue Cinema, Ocean Plaza approx. 7.15 – 10pm</p>
23rd July	Tuesday	<p>English lessons followed by mini-golf</p>
24th July	Wednesday	<p>English lessons followed by an afternoon visit to the new Clip and Climb at Awesome Walls in Liverpool. Return for 5pm</p> <p>Evening Disco in the Balmoral Suite, Royal Clifton Hotel, Promenade (8-10)</p>
25th July	Thursday	<p>English lessons followed by a double session of Laser at Premier Bowl. Meet up at 1.45 for 2pm start.</p>
26th July	Friday	<p>English lessons followed by Certificate and prize-giving at 12pm then a free afternoon</p>
27th July	Saturday	<p>Full day excursion by coach (9am) to Manchester City Football club for a stadium tour. Known as the most immersive tour experience in Premier League football using the latest technology. The group will then be taken to the Trafford Centre Shopping Mall for a couple of hours final shopping. Return to Southport for 6pm</p>
28th July	Sunday	<p>Departure of your group. Meet for 1pm departure by coach at Mornington Road. Remember your packed lunch.</p>

Querido estudiante,

Bienvenido a Southport! Soy el responsable de las familias aquí y estoy a tu disposición si surge cualquier problema con tu familia anfitriona.

Esperamos que lo pases muy bien aquí, pero hay algunas cosas que nos gustaría que supieras.

En primer lugar, tu familia anfitriona te esperará en casa cada tarde para cenar.

Normalmente en Inglaterra la cena es caliente y bastante abundante, entre las 17.30 y las 18.30. Si, por algún motivo no quisieras cenar con tu familia alguna tarde, debes comunicarlo a tu familia el día anterior, no a las 17.30 del mismo día !!

En este centro las familias anfitrionas actúan como tus padres, son los responsables de tu seguridad.

Por último, tienes que preocuparte por tu dinero. No lo debes llevar todo contigo.

Guárdalo en casa, bajo llave en tu maleta si es posible. Si no, pide a tu familia que te indique algún otro sitio seguro para guardar el dinero.

No lo gastes todo al principio de tu estancia, pues a las familias anfitrionas no se les permite prestarte dinero.

Aunque te parezcan muchas reglas, todas son por tu seguridad y el bienestar tanto tuyo como el de tu familia.

Que lo pases muy bien!!

Jo 07795 023506